

FROM THE REGISTERS

FUNERAL

July 10th

Adrian Gaston WILSON (85)



ALTAR FLOWERS

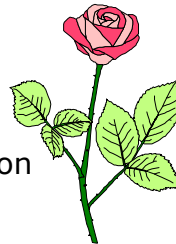
August 2nd
August 9th
August 16th
August 23rd
August 30th

Transfiguration

Mrs S King
Mrs M Willis
Mrs M Willis
Mrs J Sugden
Mrs J Sugden

St Nicolas

Mrs M Hutchinson
Mrs R Parsons
Mrs R Parsons
Mrs M Hutchinson
Mrs M Hutchinson



*If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain.*



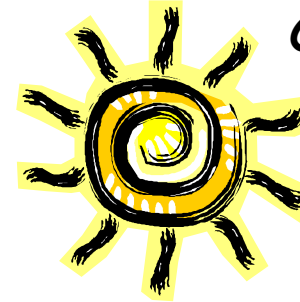
DEADLINE

The deadline for the **September** edition of the Church Magazine is 10.00 am on Wednesday, **19th August 2009**

CHURCH OF THE TRANSFIGURATION

CHADDESLEY GLEN

CANFORD CLIFFS



SUMMER
Entrance
£1
FETE



SAT 1st AUGUST

from 2.00 p.m.

IN CHURCH GROUNDS

The Vicar Writes...

August 2009



Dear Friends,


'And they kept silent and...told no one any of the things they had seen.'
(Luke 9.36)

Memories...memories! We all have them...and generally they affect us deeply for good or ill; but what do we 'do' with them in the long run?

The truth is that we are all *moulded* by our experiences; and even those memories we would rather forget have inevitably contributed to what we have become. Pleasant memories are easy to cope with; but unpleasant ones less so.

Through their time with *Jesus*, the disciples had a legacy of memories...both good and bad. Some of our Lord's followers will have had to live with memories of failure...when they had been less than constant in their professed allegiance to their Lord: Peter '*denied*' whilst Thomas '*doubted*'. History shows that they grew through these memories of failure, and - in time - became truer disciples because of them.

The Bible is the sharing of an historic people's 'memories': both the good and the bad. On the mountain of *Transfiguration* (Luke 9) *Jesus* told *Peter*, *James* and *John* not to tell others what had happened. I interpret this as *Jesus* knowing that such 'visions' have to be *personal*: for they are uniquely given.

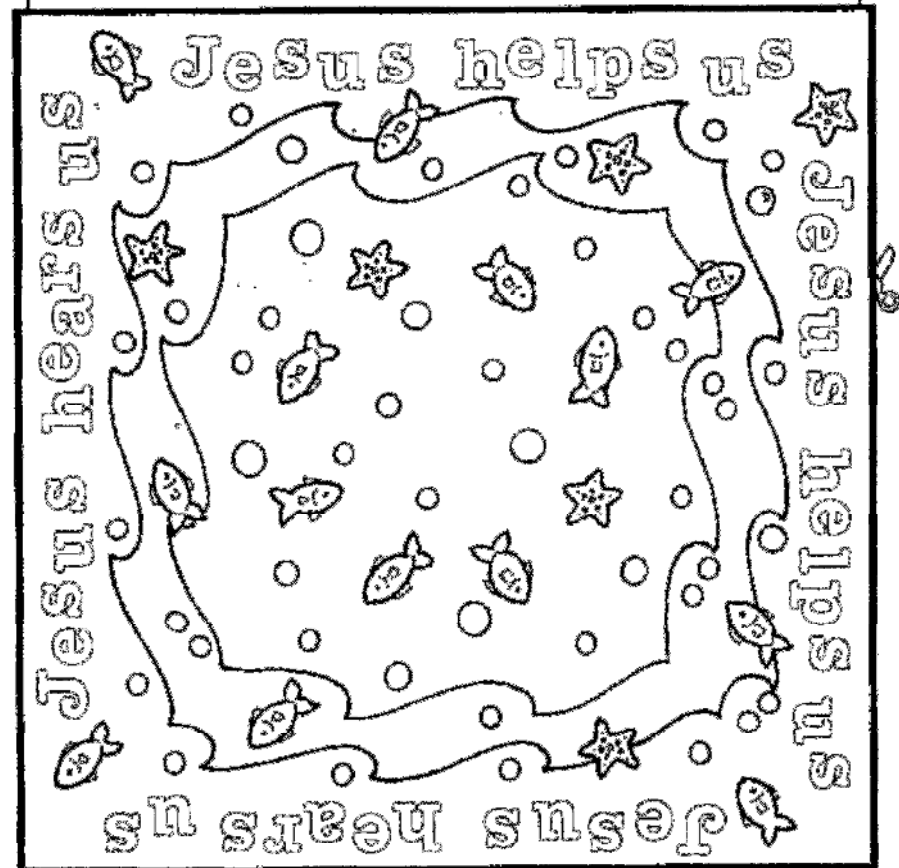
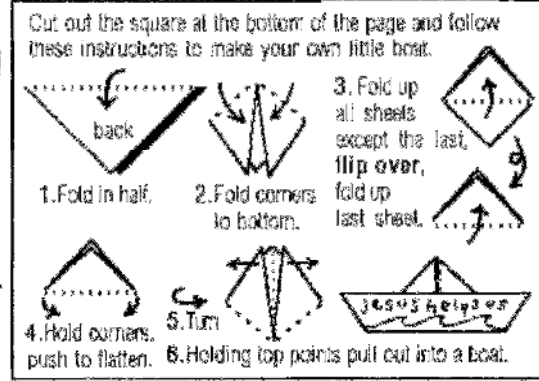


Mouse Makes

The little boat was being tossed about in the storm. "Be still, be calm" said Jesus, and the wind and the waves obeyed him! Read Mark 4:35-41

Cut out the square at the bottom of the page and follow these instructions to make your own little boat.

1. Fold in half.
2. Fold corners to bottom.
3. Fold up all sheets except the last, flip over, fold up last sheet.
4. Hold corners, push to flatten.
5. Turn.
6. Holding top points pull out into a boat.



Sunday 23rd August – TRINITY 11

OLD TESTAMENT: 1 Kings 8.22-30, 41-43

The temple is defined as the offering to God of a place where God may live with the people of his covenant and hear their prayers.

NEW TESTAMENT: John 6.56-69

Many of his disciples desert him on hearing Jesus say that he is the bread of life, but the twelve stay in the belief that Jesus does speak the words of eternal life.

Sunday 30th August – TRINITY 12

OLD TESTAMENT: Deuteronomy 4.1-2, 6-9

Moses urges Israel to obey the laws which he has given them from the Lord. They must never forget that they have been given such wisdom.

GOSPEL: Mark 7.1-8, 14-15, 21-23

Jesus says it is not the rituals about eating that are important. The evils that render a person unclean are from within – from the heart.



SAVED BY THE BELL



Although the phrase is associated with boxing for obvious reasons, the origin is supposed to lie on Horse Guards Parade in London. One night, during the Victorian era, a guard was famously accused of being asleep on duty. He denied the charge and claimed he had heard the main bell of Big Ben chime thirteen times at midnight, instead of the usual twelve.

Such was the seriousness of the charge the clock mechanism was checked and it was discovered that a cog was out of line and Big Ben would indeed chime thirteen times instead of twelve. On that evidence, the guard was freed – well and truly saved by the bell.

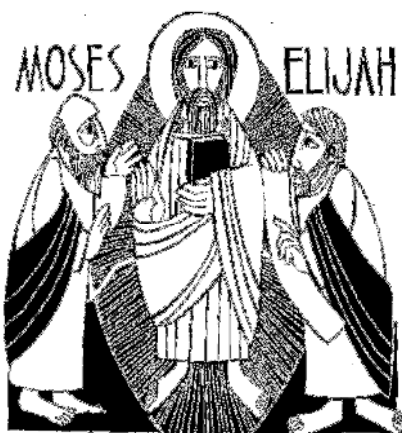
On Sunday 2nd – at the 10.30am Parish Communion - our parish will be anticipating the wider Church's *remembering* of the biblical events that we know as the *Transfiguration*: one of several milestones in the story of Jesus and the unfolding of his Gospel (See Pg 4). *But what shall we do with the memory of the story?*

On that occasion, our guest preacher will be the *Revd Canon John Armson*. John accompanied us to Glastonbury Abbey House this year, and helped us to unpack some of the *Psalms*...the biblical legacy of which (we must believe) helped to mould the ministry and gospel of *Jesus* too. John will now be helping us to put flesh on our corporate thanksgiving for the vision of glory that was '*the Transfiguration*'...and helping us to make it *personal*.

John is also a personal friend, who (as Chaplain and Vice Principal of Westcott House in Cambridge over 30 years ago) helped to 'prepare' me for the ordained ministry. I have many happy memories of 3 years there before going to my first parish in Leicester, and John's presence on this occasion will be helping me to celebrate the 30th anniversary of my ordination to the priesthood. As a result, there are at least *two reasons* to be with us on this occasion...and I hope also that you will be able to stay for the fellowship in the Church Hall afterwards.

With best wishes

'SWINE' FLU: Regular communicants will know that – *during the current situation* – certain precautions are being taken at Communion services. Communion '*in one kind*' (*bread* only) will be the norm; though wine will be available for those who wish. The Bishop's regulations in this regard can be viewed more fully at the back of our churches.



FEAST OF THE TRANSFIGURATION

WE SHALL CELEBRATE our **Patronal Festival on Sunday 2nd** and especially at the **PARISH COMMUNION** at **10.30 am**. The events of the story are recorded in *Matthew 17:1-8*, *Luke 9:28-36* and foretold in *Psalms 9:2-8*.

Jesus was teaching His disciples that He must die and rise again. He revealed Himself in shining splendour to Peter, James, and John. Moses and Elijah were present, signifying that the Law and the Prophets testify that Jesus is the promised Messiah. God the Father also proclaimed him as such, saying, "*This is my Beloved Son. Listen to him.*"

In the East, the Festival of the Transfiguration has been celebrated since the late 4th century, and is one of the twelve great festivals of the Eastern Orthodox calendar. In the West it was observed after the 9th century by some monastic orders, and in 1457 Pope Callistus III ordered its' general observance. At the time of the Reformation, it was still felt in some countries to be a 'recent innovation' and so was not immediately taken over into Reformation calendars, but is now celebrated universally.

In our modern lectionary, it is also remembered on the Sunday before Lent begins. This is the pattern found in the Synoptic Gospels (*Matthew, Mark & Luke*) where Jesus begins to speak of his forthcoming death at the time of the Transfiguration. It forms a fitting transition between the *Epiphany* season (in which Christ makes himself known) and the *Lenten* season (in which he prepares the disciples for what lies ahead). **BE SURE to be with us on 2nd ...!**

SUNDAY READINGS IN AUGUST

Sunday 2nd August – FEAST OF THE TRANSFIGURATION

OLD TESTAMENT: Daniel 7.9-10 & 13-14

Daniel's vision depicts the joint supremacy of the "ancient one" with the one to whom he confers eternal sovereignty.

NEW TESTAMENT: 2 Peter 1.16-19

Peter underscores the function of transfiguration to confirm Jesus' identity as God's son and the culmination of the prophetic ministry.

GOSPEL: Luke 9.28-36

Identified as God's son, Jesus has the absolute authority to speak God's will.

Sunday 9th August – TRINITY 9

OLD TESTAMENT: 2 Samuel 18.5-9, 15, 31-33

David gives orders for Absalom to be protected in the ensuing battle. When Absalom is killed David mourns him.

NEW TESTAMENT: John 6.35, 41-51

Jesus tells the people that he is the bread of life – the living bread that comes from heaven.

Sunday 16th August – TRINITY 10

OLD TESTAMENT: 1 Kings 2.10-12; 3.3-14

When Solomon becomes king he asks for God's guidance to be a wise ruler and God is pleased and promises him riches, honour and a long life.

NEW TESTAMENT: Ephesians 5.15-20

Paul advises the Christians at Ephesus to give up foolishness and, instead, accept the Holy Spirit, giving thanks to God in the name of Jesus Christ.

GOSPEL: John 6.51-58

Jesus tells the people in the synagogue at Capernaum that the food he provides – his flesh and blood – will nourish them for ever.

CLAIRE OF ASSISI

(Claire of Assisi will be remembered at the midweek service of Holy Communion on Wednesday 12th August)



Clare was the famous virgin foundress of the Minorenses or Poor Clares. Born at Assisi of the Offreduccio family, Clare grew up to hear the teaching of St Francis of Assisi, and at 18 she renounced all her possessions and joined him at the Portiuncula, where she became a nun. Soon Francis found her and her companions a small house adjacent to the church of San Damiano, Assisi, which he had so lovingly restored.

So it was that Clare became abbess in 1216 of a community of women who wished to live according to the rule and spirit of St Francis. The way of life was one of extreme poverty and austerity, but this did not seem to discourage anyone. For like the Franciscan friars, Clare's nuns soon spread to other parts of Europe, especially Spain, Bohemia, France and England, where four convents were founded in the late 13th and 14th centuries.

Clare never left her convent at Assisi – she became distinguished as one of the great medieval contemplatives, devoted to serving her community in great joy, and practising Franciscan ideals, including the love of nature.

Clare was considered a powerful woman: when Assisi was in danger of being sacked by the armies of the Emperor Frederick II, Claire, although ill, was carried to the wall with a pyx containing the Blessed Sacrament. At sight of her and the pyx, her biographers say, the armies fled. This is why in art Clare is often depicted with a pux or monstrance, as on the D'Estouteville Triptych of English origin c 1360.

Clare was canonised only two years after her death in 1253. The Poor Clares continue today in many countries as a contemplative order.

TO BE A PILGRIM



Whilst singing Bunyan's famous hymn last Sunday morning, it reminded me on the way home of Poole's medieval connections with pilgrimages. Spain in particular was a popular destination, quoting from Cecil Cullingford's History of Poole, "In 1428 John Davey of Poole had a licence to transport eighty passengers on his ship the Nicholas to the shrine of St James of Compostela in northern Spain".

The merchant ships of that time were very similar to John Cabot's Matthew in which he sailed west from Bristol to discover Newfoundland. The remains of a similar ship, dated around 1500, have been found in Studland Bay. The pilgrims would indeed have had to be valiant to cope with the passage to Compostela; taking with them their own provisions and fuel to cook with on the open deck. One wonders how many ships caught fire and sank.

The merchant ship owners had good reason for taking pilgrims as they would have had to pay something for the journey. Most important was their weight which acted as ballast to steady the ship. After discharging the pilgrims, the ships would have continued along the coast, picking up a valuable cargo of spirits, wines, cork etc to sell to merchants in their home ports.

The pilgrims came from various places; a small piece of the pilgrims' route from Poole to Salisbury survives beside Baden Powell School, Parkstone. The meeting place in Poole was the medieval church of St James the Great. Having survived the hazards of the outward journey, they had to walk home from Spain up the west coast of France to the Channel ports and eventually back to their homes.

Why did they do it? Possibly as an escape from the confines and controls of medieval England, or driven by religious zeal and a sense of achievement. (Cedric Nielsen)

MEN REALLY DO SUFFER FROM MAN FLU!



From now on, when your man has flu, you mustn't tease him and tell him to get a grip: he really does feel far more poorly than his wife understands. Recent studies seem to show that men suffer from 'manflu' because they have weaker immune systems and so are more susceptible to infections.

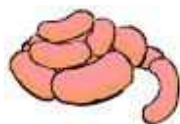
These findings will not surprise most women, who have known for years that they can have a cold, and yet still carry on working, looking after the children AND nursing their husband who has gone to bed with the same sniffles, but now scientists have asked for some sympathy for the men: they say that the female sex hormone, *oestrogen*, may be the secret of their wife's extra strength.

Oestrogen, it seems, can boost a woman's defences against infections and viruses such as influenza. Surveys have found that up to 30 per cent of men take sick days because of colds and flu, compared to just 22 per cent of women.

The research was carried out at McGill University's Health Centre in Montreal. Earlier research into 'manflu' at Stanford University in California had concluded it was all in the man's mind... we couldn't possibly comment!



THE BUTCHER



The woman said to her butcher, "Those sausages you sold me yesterday were meat at one end and nothing but cornmeal at the other end." The butcher replied, "Well, you know how it is . . . it's difficult these days to make both ends meat."

POINTS TO PONDER



H V Prochnow: "Most of us would prefer to be miserably rich than happily poor."

Oscar Wilde: "No man is rich enough to buy back his past."

Remigius: "The fear of men weakens, but the fear of the Lord strengthens."

John E Hunter: "God did not save you to be a sensation. He saved you to be a servant."

James Douglas: "The care of the old is a vocation as delicate and difficult as the care of the young."

Edith Sitwell: "Good taste is the worst vice ever invented."

Dr Thomas Fuller: "All things are difficult before they are easy."

A Powell Davies: "Life is just a chance to grow a soul."

Albert Einstein: "True religion is real living; living with all one's soul, with all one's goodness and righteousness."

Albert Schweitzer: "There are two means of refuge from the miseries of life: music and cats."

Alice Walker: "Deliver me from writers who say the way they live doesn't matter. I'm not sure a bad person can write a good book. If art doesn't make us better, then what on earth is it for."

Amelia Burr: "Because I have loved life, I shall have no sorrow to die."

André Gide: "The most decisive actions of our life ... are most often unconsidered actions."

BRITONS WANT TO END POVERTY

Almost three quarters of British men and women want to see poverty ended in their life time, says a poll commissioned by Christian Aid. In the poll of nearly 2,000 adults however, only 3% said they believed the eradication of global poverty would be achieved in their lifetime. More than half of those polled – 55% - said they felt the present economic climate must not be allowed to hinder efforts to help the world's poor.

Twenty-one per cent said that even greater priority should be given to fight against poverty in the current economic difficulties and almost half – 45% - felt the British Government should be doing more to help, while around the same number say a political party's policies on ending poverty would influence their vote

The release of the YouGov poll coincides with the launch of a new Christian Aid report, Poverty Over, which claims that present financial and other crises offer an unprecedented opportunity to wipe out global poverty.

The report makes a number of recommendations to achieving that goal, including taking urgent action to combat climate change and help poor countries adapt to its impact. *"The world is in crisis,"* said Christian Aid director Dr Daleep Mukarji. *"It isn't just financial. Climate change, the food security crisis and worsening levels of inequality are also undermining quality of life for many millions of people".*

He continued: *"That poverty still exists in the world today is morally scandalous. It's not that we don't know how to treat or cure many diseases, enable the hungry to be fed, educate children or create jobs. It is simply that all too often we look the other way from what needs to be done. There is enough in the world today for everyone's need, if greed and indifference don't stand in the way."*

BLOOMING GONE!



These are true stories: a woman went down to her local garden centre and bought 20 hardy fuchsias. She spent an entire day carefully planting a fuchsia hedge across the front of her property. It looked great. Next morning she went down to make her breakfast tea and stared out the window in sheer disbelief: her brand new hedge was gone - simply gone. Another family spent two days laying a new lawn...on the morning of third day, it was gone.

Garden theft is on the increase. In the summer it soars by 63 per cent. Thieves these days help themselves to everything from your flowers, pots, shrubs, vegetables, turf, (and even lawns!) rockeries, tools, barbeques and furniture. They take olive trees, ornamental trees, huge garden ornaments, posh hoses, ride-on mowers, fish and flagstones. About the only things they don't bother with are the weeds and the water in your garden pond. Also, no one has yet reported any slugs stolen...

Now Darren Black, head of insurance at the financial comparison site *Confused.com* advises people to check their insurance policy very carefully indeed. *"They vary very widely."* Churchill covers garden loss up to £250, while Lloyds TSB Options covers up to £2,000, but not the lawn. It always pays to check that the cover you have bought really does meet your needs.



FINANCIAL GENIUS

"Dad," said the son, *"what is a financial genius?"* *"A financial genius,"* said his harassed father, *"is a man who can earn money faster than his family can spend it."*

THE LONG WAIT FOR ALLOTMENTS



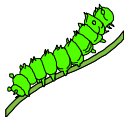
Fancy growing your own vegetables? The trend for wanting to plant our own carrots, broad beans and whatever else is at an all-time high in popularity, and there would be even more of us out there hoeing and weeding – if we had any spare space in which to plant and grow things.

If your garden is big enough to include a vegetable patch, be thankful. The National Society of Allotment & Leisure Gardeners says there are now more than 100,000 people on the list for a plot on an allotment. In London the waiting list can be awesome: in Camden there are 883 people waiting for 195 allotments...it could be 40 years before some of them even get as far as opening the first packet of seed!

Even Burnley, Fylde, Wirral and Kingston-upon-Hull all have waiting lists longer than ten years, according to a recent survey done by LV, an insurance company. Across the country, the average wait is three years and two months. Perhaps not surprising when every council is duty bound to provide only 20 allotments per every 1,000 residents.



EARTH-BOUND



At a village costume party for children, a police officer was stationed at the door, with instructions not to admit any adults. Then an excited woman came running up to the door and demanded admission. *"My child is in there as a butterfly, but she has forgotten her wings!"* "Can't help it," replied the officer, *"orders are orders. She'll have to stay a caterpillar."*

PERSUASION



An elderly man in Phoenix calls his son in New York and says, *"I hate to ruin your day, but I have to tell you that your mother and I are divorcing; forty-five years of misery is enough"*.

"Pop, what are you talking about?" the son screams. "We can't stand the sight of each other any longer," the old man says. *"We're sick of each other, and I'm sick of talking about this, so you call your sister in Chicago and tell her,"* and he hangs up.

Frantic, the son calls his sister, who explodes on the phone. *"Like heck they're getting divorced,"* she shouts, *"I'll take care of this."*

She calls Phoenix immediately, and screams at the old man, *"You are NOT getting divorced. Don't do a single thing until I get there. I'm calling my brother back, and we'll both be there tomorrow. Until then, don't do a thing, DO YOU HEAR ME?"* and hangs up.

The old man hangs up his phone and turns to his wife. *"Okay,"* he says, *"They're coming for Thanksgiving and paying their own fares... Now what do we tell them for Christmas?"*



TALK

Have you ever thought how many kinds of talk there are? Big talk, little talk, double talk, loud talk, quiet talk, idle chatter, idle gossip, plain speaking...The trouble is, of course, most of our talk doesn't get us anywhere. If only we'd all talk less and do more – what a happier world it would be! (*Maurice S Ennals*)

UMBRELLAS



Do you know when umbrellas were first used in this country? Over 200 years ago. It was a gentleman by the name of Jonas Hanway who made umbrellas popular in the United Kingdom. Then, as now, some people scoffed at new ideas.

When they saw Jonas, who lived in Portsmouth, carrying his broom, some laughed and even occasionally pelted him with anything that was available. Nevertheless, Jonas persisted in carrying his broom, and eventually more and more people realised how useful it was and began to use one too.

The moral for us today is if you honestly believe you are doing something good and sensible and practicable, carry on, no matter what other folk think and no matter how much they criticise or ridicule you.



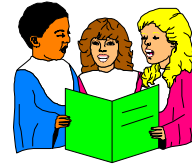
RESULTS

A cab driver reaches the pearly gates. St. Peter looks him up in his Big Book and tells him to pick up a gold staff and a silk robe and proceed into Heaven.

Next in line is a preacher. St. Peter looks him up in his Big Book, furrows his brow and says, "OK, we'll let you in, but take that cloth robe and wooden staff." The preacher is shocked and replies, "But I am a man of the cloth. You gave that cab driver a gold staff and a silk robe. Surely I rate higher than a cabbie!"

St. Peter responds matter-of-factly, "This is Heaven and up here, we are interested in results. When you preached, people slept. When the cabbie drove his taxi, people prayed."

CHOIRS ARE SUDDENLY "COOL"



This autumn, do you want a cheap way to get 'a high', get fit, make friends and beat depression? Then join a local singing group - or even a church choir. No kidding - people all over the country have discovered the simple but real joy of singing with other people - whether in choirs or in karaoke bars. Following the TV programmes 'Last Choir Standing' and 'The Choir: Boys Don't Sing', choral groups have suddenly become mainstream 'cool'.

When Susan Boyle of 'Britain's Got Talent' tried to join her local church choir earlier this year, they had to turn her away - the choir was already full to bursting point.

Researchers at the University of London have looked into the benefits of singing. When you sing, you have to breathe in a way that uses more of your total lung volume. More air means more oxygen in the blood, which means you are left feeling more alert.

Singing also works the cardio-vascular systems, and gives you the kind of hormonal release that comes from being focused on a task - and enjoying it at the same time. Singing is great for stressed out, deskbound people who spend their days slumped in a chair. It gets their diaphragms moving, and reduces their tension. Singing with other people gives you an increased sense of community and belonging.

*Choirmaster's Note: **Contrary to the claims made above, our Church Choir is desperately in need of new singers.** If you or any of your friends enjoy singing and think you might like to be part of the choir please contact Chris Greenwood on 01202 524607. Choir practice is on Friday evenings at 6 pm in the church rooms. Just come along and you will be made very welcome - it is very informal.*

NEWSROUND



Archbishop pays tribute to Armed Forces - The Archbishop of Canterbury has marked Armed Forces Day by thanking Britain's servicemen and women for the "huge load" they carry on the behalf of the nation. In a statement, Dr Rowan Williams expressed his "deep" appreciation for the professionalism and responsibility demonstrated by the Forces, as well as their courage in the field. Armed Forces Day was, he said, "an opportunity to give thanks for all those who have served their country in past conflicts, for their sacrifice and example...We know how high the human costs are, and how much we owe to those who live daily with such costs."

Lawyer and City banker among new clergy for London

- London's growing churches have been given a boost with the ordination of 36 new clergy, 10 of whom are women. A lawyer and City banker were among the candidates to be ordained to the office of Deacon. The Bishop of London, Dr Richard Chartres, presided over the ordination service in St Paul's Cathedral. He said: "This year's new deacons inspire me again with hope for the future and confidence in the transforming power of the Gospel of Christ." The new deacons make up more than 10% of the 330 in total being ordained this summer across the Church of England.

Church leaders call upon G8 leaders to fulfil commitments to poor

- The Archbishop of Westminster Vincent Nichols and Archbishop of Edinburgh and St Andrews Cardinal Keith Patrick O'Brien have called on the Government to protect the poor and vulnerable across the world amidst the ongoing economic crisis. Gordon Brown responded "The UK will continue to make every effort to ensure protection of the world's poorest remains central to this year's G8 Summit, which should provide a stepping stone to the G20 meeting later this year."

ANYONE FOR THE CHURCH ARMY?



The Church Army is a leading home mission agency linked to the Church of England, enabling people to come to a living faith in Christ, reaching out to people of all ages and backgrounds, covering many areas of need – *Children and Young People, Older People, Homeless, Planting and Evangelism* - and training evangelists to undertake this work in a variety of contexts across the UK and Ireland, such as the 'fresh expression' evangelists who work in two distinctive ways.

Firstly, they work in pioneering roles, creating relationships with those who have absolutely no contact with a church at all and introducing Jesus not just to the vaguely religious people who might be interested in coming to a church service, but to people who have no concept whatever of how much God loves them. Secondly, they work to create Christian communities which meet the cultural needs of the people they are for.

Sustaining this diverse evangelistic work is challenging and in order to continue transforming lives within our society, support from parishes is vital for the ongoing work of Church Army and within our own parish, we need a representative who will keep us up to date with all that the Church Army is doing and will pass on information about the Prayer Diary, publicity and ideas for fundraising. The Church Army has a variety of resources for organising events in the parish, will always give its support to the parish representative and will be very happy to send a speaker.

NB - Sheila O'Brien was our loyal and committed representative for many years, organising coffee mornings and sales to raise funds for the Church Army and we are looking for someone to take over her work. If you think you might be the right person, please speak to the Vicar.



SUMMER FÊTE – Saturday 1st August from 2.00 pm. PLEASE BE SURE TO TELL YOUR FRIENDS & NEIGHBOURS!

PATRONAL FESTIVAL – Sunday 2nd August – PARISH COMMUNION at 10.30 am. BRING FRIENDS & NEIGHBOURS AS WELL!

SUNDAY CLUB – Please join us for our Patronal Festival Parish Communion on Sunday 2nd August at 10.30 am. There will be no Sunday Club during the rest of August and no Family Service on the third Sunday (16th). All children will be most welcome in church and there will be books and drawing materials in the church room.

AN INVITATION – This year, Bere Regis Mothers' Union is celebrating its 120th anniversary. There will be service of Holy Communion in our church at 11 am on Sunday, 9th August which is Mary Sumner Day. The celebrant will be our Vicar, the Revd Canon Ian Woodward who is a member and our Diocesan President, Mrs Bridget Trump will give the address. We would be delighted to welcome as many members as possible. Coffee will be available before the service. Afterwards there will be light refreshments and a time of fellowship. (A domestic detail – we do have a toilet!). We do hope you will be able to join us.



FOOT FOCUS

Christine Powell BSc (Hons) MChS HPC Reg

State Registered Chiropodist/Podiatrist

Home visits, CRB checked,

Tel: 01202 734719

Mobile: 07875 201296

GREEN WEEK AT ECCLESIASTICAL



Ecclesiastical Insurance organised a 'green week' earlier in the month to promote advice and guidance about being more environmentally-conscious. As part of the week, staff members were encouraged to share what they do to minimise their impact on the environment.

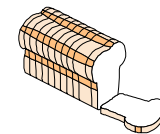
Customer Service Manager Derek Thomson was crowned a 'Green Champion' for his commitment to walk five-and-a-half miles every day from his home in Longlevens to *Ecclesiastical's* office in the City Centre.

Mr Thomson said, "*It would obviously be much easier and quicker to drive to work, but walking keeps me healthy and means I always arrive at work relaxed for the day ahead. I'm not exactly a green campaigner, but I'm doing my bit. If more people followed suit, we could dramatically reduce our impact on the environment.*"

During the week staff members have also been encouraged to make 'green pledges' – promises to make a simple change to reduce environmental impact which included switching to energy-saving lightbulbs, turning off TV and monitor standby lights, home-growing vegetables and herbs, and cycling to work.

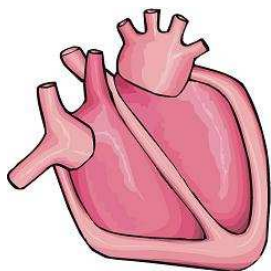


BREAD



The head of a retreat house received a complaint about the bread that was served for supper. "*People on retreat should not make a fuss about such trivial things,*" he said. "*St Benedict would have eaten it with delight.*" "*Yes, father, but it was fresh then.*"

CLERGY SUPPORT “WALL OF LIFE”



Leaders of the major faith groups have given their support to the *Wall of Life*, an interactive campaign launched last week by NHS Blood and Transplant. The campaign aims to promote awareness of and support for organ donation to boost the number of people joining the NHS organ donor register.

The *Wall of Life* is an online mosaic created from people's photos posted on the site to show their support for organ donation. These photos come together to make up the image of two-year old Louisa McGregor-Smith whose life was saved by a heart transplant in 2007 at just five months old. At least 60,000 people need to upload their photos onto the Wall to build Louisa's image.

People joining the Wall of Life can then pass details to their friends and families to download a personalised widget on their social profiles and websites, spreading the message across social networks.

The *Wall of Life* has been created as part of a national campaign to highlight the constant need for organs in the UK. More than 10,000 people currently need a transplant operation, of whom 1,000 - three a day - will die before an organ becomes available.

Christian leaders supporting the Wall of Life include the Bishop of Southwark, the Rt Rev Tom Butler, and the Archbishop of Westminster, Vincent Nichols.

Lynda Hamlyn, Chief Executive of NHS Blood and Transplant, said: "People often find organ donation a difficult subject to raise with their family and friends and some are unsure of the stance which their religion takes on the issue. This public support from faith leaders gives them clear guidance to help their decision about organ donation".

CALENDAR FOR AUGUST



Sat	1	2-5 pm	SUMMER FÊTE
Sun	2	8.00 am	Holy Communion
TRINITY 8		10.30 am	PATRONAL FESTIVAL (<i>Sun Club in church</i>)
		6.00 pm	Evening Prayer
Tue	4	10.00 am	Gardening Group
Wed	5	10.30 am	Holy Communion (<i>at St Nicolas</i>)
Sun	9	8.00 am	Holy Communion
TRINITY 9		9.15 am	Holy Communion (<i>at St Nicolas</i>)
		10.30 am	Matins (<i>NO Sun Club</i>)
		6.00 pm	Evening Prayer
Tue	10	10.00 am	Gardening Group
Wed	11	10.30 am	Holy Communion (<i>at St Nicolas</i>)
Sun	16	8.00 am	Holy Communion
TRINITY 10		9.30 am	NO Family Service
		10.30 am	Parish Communion
		6.00 pm	Evening Prayer
Tue	18	10.00 am	Gardening Group
Wed	19	10.30 am	Holy Communion (<i>at St Nicolas</i>)
Sun	23	8.00 am	Holy Communion
TRINITY 11		9.15 am	Holy Communion (<i>at St Nicolas</i>)
		10.30 am	Matins (<i>No Sun Club</i>)
		6.00 pm	Evening Prayer
Tue	25	10.00 am	Gardening Group
Wed	26	10.30 am	Holy Communion (<i>at St Nicolas</i>)
Thu	27	4.00 pm	Magazine Collation
Fri	28	12.30 pm	Post Fête Lunch
Sun	30	8.00 am	Holy Communion
TRINITY 12		10.30 am	Matins (<i>No Sun Club</i>)
		6.00 pm	NO Evening Prayer
		6.30 pm	United Service



NB: Please note the Post Fête Lunch will be held in the church rooms on *Friday, 28th August* at 12.30 pm.